

# Home Visiting: What is it?

- Family Support Programs
- Federal and State funded
- Occurs in families' homes
- Seeks to:
  - Improve parent and child health
  - Reduce child abuse and neglect
  - Encourage positive parenting
  - Promote child development and school readiness

# Why Services in the Home?

- Natural environment
  - Learn more information about a family and their environment
  - Witness the challenges families face
  - More opportunities to talk with other family members who may care for the child
- Removes barriers to receiving care
  - Lack of transportation
  - Isolation
  - Privacy

# Maternal, Infant, and Early Childhood Home Visiting Program(MIECHV)

- Federally funded, with monies distributed across 50 states to local programs
- Programs have to follow an approach or curriculum proven to show positive results for families (Ex:Healthy Families, Parents as Teachers, Nurse Family Partnership)
- Targets families who often lack support, experience, and knowledge of basic parenting skills, and or struggle with bonding with their child
- Voluntary

# What May Happen in a Home Visit?

- Support preventive health and prenatal experiences
- Help parents understand their child's development
- Help build parents' competence and confidence
- Work with families to set goals around education, employment
- Help families access concrete assistance- housing, jobs, food, clothing, etc...

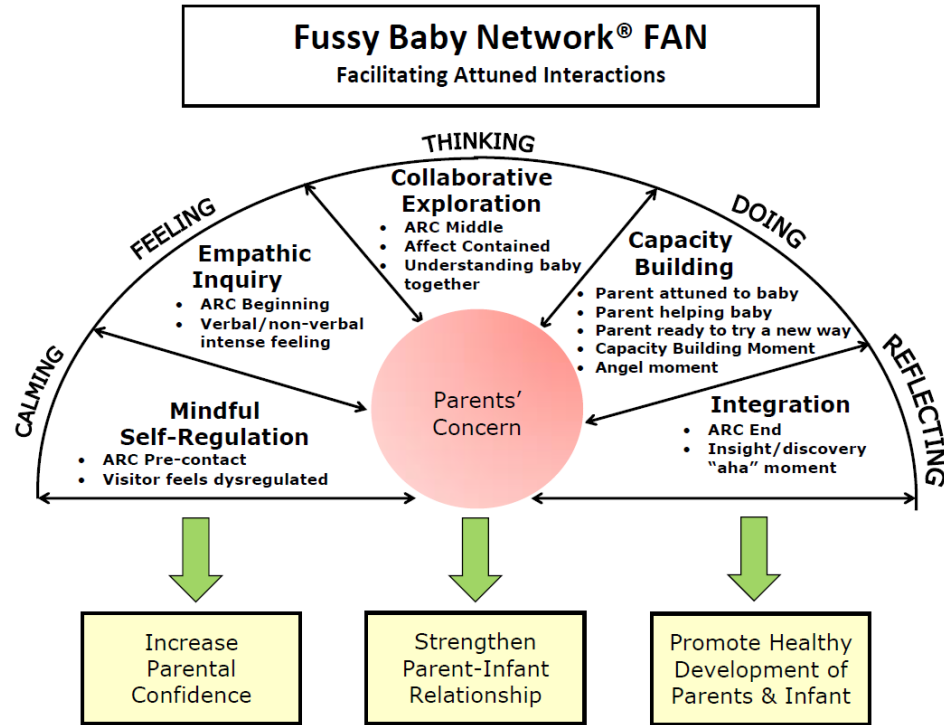
# Home Visiting Data

- MIECHV has served over 160,000 parents in all 50 states, DC, and 5 territories
- Home visits have increased five fold with more than 3.3 million provided over the past four years
- Research shows that home visiting programs have:
  - Reduced health care costs
  - Reduced need for special education
  - Increased family self-sufficiency

# The Fussy Baby Network

- Home visiting program since 2003
- Erikson Institute's first direct service program
- Provides help to families who have infants with feedings, sleeping, and crying concerns
- Developed and uses the FAN Model to assist families
- We have found that families who use our services are more confident around parenting and postpartum depression symptoms go down

# Fussy Baby Network and The FAN



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Erikson Institute Fussy Baby Network

# FAN Training

- Six states, plus the District of Columbia are using the MIECHV funding to train their home visitors in the FAN
- FAN Trained home visitors are:
  - More collaborative
  - More empathic
  - Calmer in the face of difficult interactions
  - Experience less burnout



# Home Visiting Resources: Where to Find Home Visiting Programs in Your State

- <http://www.pewtrusts.org/en/research-and-analysis/fact-sheets/2014/02/03/home-visiting-family-support-programs>
- <http://homevisitingcoalition.com/what-is-home-visiting/>
- <https://mchb.hrsa.gov/maternal-child-health-initiatives/home-visiting/home-visiting-program-state-fact-sheets>
- HRSA MIECHV Website
- The Association of State and Tribal Home Visiting Initiatives
- The National Home Visiting Research Center
- The Home Visiting Coalition
- The Home Visiting Applied Research Collaborative